

Tips In Taking A Test

by Jennifer Petersen It's time to take a test. What do you do? Stare blankly at the paper? The words might be familiar but meaningless all the same. When the words finally sink in is when you realize that this is not the topic you have prepared for after all. This is an example of your worst dream coming true during an exam. Exams are a part of us that we just have to learn to live with. However they must not reduce us to that sick feeling in our stomachs nor should they turn out to be a race against time where you just never seem to win. There is a solution to this - strategies that will be a confidence booster and keep the time factor in mind. The first thing to do is to prepare in advance. It is better not to leave this for the last minute. It would be advisable if these preparations start right from the first day. This would be helpful in gaining confidence, which is necessary to put you in the right frame of mind for the test. This would also mean that you don't have to burn the midnight oil, which would otherwise become the need of the hour. These all night sessions don't go a long way in helping, as there is only so much you can do at the last minute thereby resulting in a lot of confusion and lack of sleep - not the best way to go in for a test! By preparing in advance you become aware of the problem areas especially where you would need to work harder to gain a better understanding. This also helps to eliminate any surprise elements that may be thrown at you during the test. The second is to know your subject matter. The day has finally dawned. You walk into the exam room and take your seat, all set, with pencils sharpened. As the papers are being distributed however, you get the jitters. Your palms begin to sweat as you look at the first question. There's a constant nagging doubt that you may have missed something or misunderstood the question. Just relax. Be calm. This exam is just like the ones you have done before. If you have any doubts, clarify them right away. The examiner is likely to be more helpful at the beginning than later. Perusing the paper will also give you an idea of how much time you would need in all, so as to take the appropriate steps. Read the questions thoroughly and understand them entirely. For, misinterpreting a question would lead you to a wrong answer. As you may have observed, the winner in the end is the kid who has read the questions carefully. Then remember to attempt the easy. Irrespective of the subject matter of your test, always start with the easy questions first. Once you have these secure under your belt, you now have more confidence to tackle the difficult ones. These strategies when put together go a long way in getting you the marks you want.

About the Author

Jennifer Petersen is a staff writer at [Education Digest](#) and is an occasional contributor to several other websites, including [Career's Digest](#).

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